

Seclusion Reduction project for NSW Adult mental health inpatient Units.

Marc Reynolds

The reduction and where possible the elimination of the use of Seclusion and restraint is a priority outcome for the reduction of harm in mental health facilities lead by the National Mental Health Safety and Quality Partnership Committee. The management of agitation and aggression in acute mental health facilities is a major parallel practice change occurring in contemporary services across Australia and internationally. A range of strategies are being progressed including improve monitoring and review as well as innovation in planning prevention and alternative interventions. The role of sensory modulation as an evidenced based practice to alleviate agitation is gaining recognition with potential to expand and mature the role of OTs within the multidisciplinary managing planning in acute inpatient settings. Two AHS in NSW are beginning a pilot program to explore application of this practice.

Mr Reynolds and Wayne Smith, a senior OT from SESIAHS will discuss the introduction of this initiative and open a discussion about its potential impact on OT Mental Health practice.