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Implementing evidence in practice: A workshop for clinicians and managers

Annie McCluskey^{1,2}

¹The University of Sydney, Sydney, NSW, Australia, ²Royal Rehabilitation Centre Sydney, Ryde, NSW, Australia

Background: Research about treatment effectiveness can take years to be implemented in practice. Reasons for the low uptake of research include: lack of awareness of the evidence, non-acceptance of results, not knowing what to do or how to do it. The presenter is an occupational therapist with experience helping individuals and teams to implement evidence in hospital and community settings, and who has published on the topic. **Target Audience:** Clinicians and managers, from the public, private or not-for-profit sectors, who wish to use an evidence-based intervention more routinely with clients.

Learning Objectives: Workshop participants will learn how to: Analyse local barriers and enablers to implementation of an evidence-based intervention; and develop an implementation plan suitable for their own work setting.

Teaching Methods/Approach and Content: Lecture and small group sessions over 90 minutes covering: (a) Steps in the implementation process; (b) Examples of evidence-practice gaps; how to identify and close these gaps; (c) Barriers to implementation, as well as enablers (d) Strategies to overcome barriers (eg audit/feedback, education, reminders); (e) Measurable outcomes for professionals and teams (eg % of patients receiving the intervention) and patient outcomes (eg amount of practice conducted). **Maximum number of participants:** 50.

First, an overview of evidence-practice gaps relevant to occupational therapy will be presented and implementation plans used with different teams. Participants will discuss gaps they are interested in bridging, and potential ways of identifying barriers and enablers. The presenter will share examples of barriers and enablers from current projects (eg. therapist's skills, role expectations). Participants will leave with an implementation plan.

Learning Outcomes: This workshop will provide participants with the skills and knowledge to implement interventions described in clinical guidelines, systematic reviews and randomised controlled trials at the individual client and service level.